

S&P 500 Index Returns

(10-Year Holding Periods)

Inflation-Adjusted Returns

10 Year Period	Average Annual Compound Return*	Over 10 Years \$10,000 Becomes...	Total Return Over Period	Average Annual Net Compound Return*	Over 10 Years \$10,000 Becomes...	Total Net Return Over Period
1926 1935	5.86%	\$17,672	76.72%	9.38%	\$24,510	145.10%
1927 1936	7.81%	\$21,203	112.03%	11.14%	\$28,758	187.58%
1928 1937	0.02%	\$10,019	0.19%	2.46%	\$12,748	27.48%
1929 1938	-0.89%	\$9,148	-8.52%	1.67%	\$11,806	18.06%
1930 1939	-0.05%	\$9,948	-0.52%	2.60%	\$12,929	29.29%
1931 1940	1.80%	\$11,951	19.51%	3.59%	\$14,225	42.25%
1932 1941	6.43%	\$18,648	86.48%	5.40%	\$16,914	69.14%
1933 1942	9.35%	\$24,442	144.42%	6.28%	\$18,394	83.94%
1934 1943	7.17%	\$19,984	99.84%	3.94%	\$14,710	47.10%
1935 1944	9.28%	\$24,280	142.80%	6.01%	\$17,927	79.27%
1936 1945	8.42%	\$22,434	124.34%	5.22%	\$16,627	66.27%
1937 1946	4.41%	\$15,400	54.00%	-0.78%	\$9,243	-7.57%
1938 1947	9.62%	\$25,056	150.56%	3.75%	\$14,446	44.46%
1939 1948	7.26%	\$20,160	101.60%	1.04%	\$11,090	10.90%
1940 1949	9.17%	\$24,047	140.47%	2.94%	\$13,364	33.64%
1941 1950	13.38%	\$35,106	251.06%	6.55%	\$18,852	88.52%
1942 1951	17.28%	\$49,246	392.46%	10.97%	\$28,306	183.06%
1943 1952	17.09%	\$48,440	384.40%	11.59%	\$29,947	199.47%
1944 1953	14.31%	\$38,094	280.94%	9.15%	\$24,006	140.06%
1945 1954	17.12%	\$48,550	385.50%	12.07%	\$31,246	212.46%
1946 1955	16.69%	\$46,814	368.14%	11.81%	\$30,548	205.48%
1947 1956	18.43%	\$54,264	442.64%	15.69%	\$42,942	329.42%
1948 1957	16.44%	\$45,799	357.99%	14.37%	\$38,279	282.79%
1949 1958	20.06%	\$62,234	522.34%	18.09%	\$52,732	427.32%
1950 1959	19.35%	\$58,656	486.56%	17.06%	\$48,302	383.02%
1951 1960	16.16%	\$44,744	347.44%	14.27%	\$37,972	279.72%
1952 1961	16.43%	\$45,779	357.79%	15.03%	\$40,566	305.66%
1953 1962	13.44%	\$35,298	252.98%	12.01%	\$31,091	210.91%
1954 1963	15.91%	\$43,780	337.80%	14.37%	\$38,284	282.84%
1955 1964	12.82%	\$33,413	234.13%	11.17%	\$28,825	188.25%
1956 1965	11.06%	\$28,559	185.59%	9.28%	\$24,286	142.86%
1957 1966	9.20%	\$24,105	141.05%	7.33%	\$20,279	102.79%

		Inflation-Adjusted Returns					
10	Average	Over	Total	Average	Over	Total	
Year	Annual	10 Years	Return	Annual Net	10 Years	Net Return	
Period	Compound	\$10,000	Over	Compound	\$10,000	Over	
	Return*	Becomes...	Period	Return*	Becomes...	Period	
1958	1967	12.85%	\$33,496	234.96%	11.02%	\$28,451	184.51%
1959	1968	10.01%	\$25,949	159.49%	7.89%	\$21,367	113.67%
1960	1969	7.81%	\$21,207	112.07%	5.15%	\$16,517	65.17%
1961	1970	8.18%	\$21,954	119.54%	5.10%	\$16,439	64.39%
1962	1971	7.06%	\$19,778	97.78%	3.75%	\$14,450	44.50%
1963	1972	9.93%	\$25,783	157.83%	6.37%	\$18,545	85.45%
1964	1973	6.01%	\$17,918	79.18%	1.60%	\$11,717	17.17%
1965	1974	1.24%	\$11,311	13.11%	-4.62%	\$6,233	-37.67%
1966	1975	3.27%	\$13,800	38.00%	-3.04%	\$7,341	-26.59%
1967	1976	6.63%	\$19,002	90.02%	0.09%	\$10,092	0.92%
1968	1977	3.59%	\$14,226	42.26%	-3.26%	\$7,180	-28.20%
1969	1978	3.16%	\$13,650	36.50%	-4.09%	\$6,585	-34.15%
1970	1979	5.86%	\$17,669	76.69%	-2.08%	\$8,108	-18.92%
1971	1980	8.44%	\$22,495	124.95%	-0.12%	\$9,877	-1.23%
1972	1981	6.47%	\$18,712	87.12%	-2.62%	\$7,669	-23.31%
1973	1982	6.68%	\$19,095	90.95%	-2.45%	\$7,800	-22.00%
1974	1983	10.61%	\$27,411	174.11%	1.92%	\$12,098	20.98%
1975	1984	14.76%	\$39,616	296.16%	7.28%	\$20,183	101.83%
1976	1985	14.33%	\$38,161	281.61%	7.13%	\$19,904	99.04%
1977	1986	13.82%	\$36,506	265.06%	6.97%	\$19,622	96.22%
1978	1987	15.26%	\$41,387	313.87%	8.68%	\$22,990	129.90%
1979	1988	16.33%	\$45,368	353.68%	10.23%	\$26,492	164.92%
1980	1989	17.55%	\$50,367	403.67%	12.32%	\$31,963	219.63%
1981	1990	13.93%	\$36,830	268.30%	9.22%	\$24,160	141.60%
1982	1991	17.59%	\$50,564	405.64%	13.59%	\$35,754	257.54%
1983	1992	16.19%	\$44,842	348.42%	12.29%	\$31,869	218.69%
1984	1993	14.94%	\$40,259	302.59%	11.15%	\$28,790	187.90%
1985	1994	14.40%	\$38,380	283.80%	10.75%	\$27,755	177.55%
1986	1995	14.84%	\$39,911	299.11%	11.30%	\$29,160	191.60%
1987	1996	15.28%	\$41,460	314.60%	11.52%	\$29,759	197.59%
1988	1997	18.05%	\$52,544	425.44%	14.54%	\$38,861	288.61%
1989	1998	19.18%	\$57,838	478.38%	15.94%	\$43,903	339.03%
1990	1999	18.20%	\$53,241	432.41%	15.14%	\$40,968	309.68%
1991	2000	17.46%	\$49,975	399.75%	14.73%	\$39,514	295.14%
1992	2001	12.93%	\$33,733	237.33%	10.37%	\$26,831	168.31%

Inflation-Adjusted Returns						
10 Year Period	Average Annual Compound Return*	Over 10 Years \$10,000 Becomes...	Total Return Over Period	Average Annual Net Compound Return*	Over 10 Years \$10,000 Becomes...	Total Net Return Over Period
1993 2002	9.33%	\$24,406	144.06%	6.82%	\$19,340	93.40%
1994 2003	11.06%	\$28,558	185.58%	8.62%	\$22,871	128.71%
1995 2004	12.07%	\$31,252	212.52%	9.57%	\$24,951	149.51%
1996 2005	9.08%	\$23,857	138.57%	6.50%	\$18,773	87.73%
1997 2006	8.42%	\$22,448	124.48%	5.91%	\$17,756	77.56%

Source: Although I performed these calculations myself, the underlying source for the annual returns is Morningstar's Stocks, Bonds, Bills, and Inflation 2007 Yearbook.

*Average Annual Compound Return during the period